

קַבְּלַת פְּנִים

הדלקת הנרות
קדוש, ערבית
ברוכים הבאים
שירי שבת

KABBALAT PANIM — WELCOMING

BLESSINGS FOR SHABBAT

The candles are lit before the blessing is recited.

FAMILY: 1) Light candles
2) Read Hebrew
blessing

BARUCH atah, Adonai
Eloheinu, Melech haolam,
asher kid'shanu b'mitzvotav,
v'tzivanu l'hadlik
ner shel Shabbat.

בָּרוּךְ אַתָּה, יְיָ
אֱלֹהֵינוּ, מֶלֶךְ הָעוֹלָם,
אֲשֶׁר קִדְּשָׁנוּ בְּמִצְוֹתָיו,
וְצִוָּנוּ לְהַדְלִיק
נֵר שֶׁל שַׁבָּת.

BLESSED ARE YOU, Adonai our God, Sovereign of the universe,
who hallows us with mitzvot,
commanding us to kindle the light of Shabbat.

For Kabbalat Shabbat, turn to page 12 [130].

Shabbat Candle Blessing— The mitzvah of kindling Shabbat lights in the home is an early rabbinic practice (*M. Shabbat 2:1ff*). The Shabbat candle blessing is first recorded in the ninth-century prayerbook, *Seder Rav Amram*. Lighting Shabbat candles as part of the synagogue service is an innovation of Reform Judaism.

- FAMILY:
- 1) Read Hebrew blessing
 - 2) Musicians sing
 - 3) Drink wine

Candle Blessing
 Sh, Evening
 Welcome
 Shabbat Songs

BARUCH atah, Adonai
 Eloheinu, Melech haolam,
 borei p'ri hagafen.

בָּרוּךְ אַתָּה, יי
 אֱלֹהֵינוּ, מֶלֶךְ הָעוֹלָם,
 בּוֹרֵא פְּרֵי הַגָּפֶן.

Baruch atah, Adonai
 Eloheinu, Melech haolam,
 asher kid'shanu b'mitzvotav v'ratzah vanu,
 v'Shabbat kodsho
 b'ahavah uv'ratzon hinchilanu,
 zikaron l'maaseih v'reishit.
 Ki hu yom t'chilah l'mikra-ei kodesh,
 zecher litziat Mitzrayim.
 Ki vanu vacharta, v'otanu kidashta,
 mikol haamim.
 V'Shabbat kodsh'cha
 b'ahavah uv'ratzon hinchaltanu.
 Baruch atah, Adonai, m'kadeish HaShabbat.

בָּרוּךְ אַתָּה, יי
 אֱלֹהֵינוּ, מֶלֶךְ הָעוֹלָם,
 אֲשֶׁר קִדְּשָׁנוּ בְּמִצְוֹתָיו וְרָצָה בָּנוּ,
 וְשִׁבֹת קֹדֶשׁוֹ
 בְּאַהֲבָה וּבְרָצוֹן הִנְחִילָנוּ,
 זְכוֹרֹן לְמַעֲשֵׂה בְּרֵאשִׁית.
 כִּי הוּא יוֹם תְּחִלָּה לְמִקְרָאֵי קֹדֶשׁ,
 זְכוֹר לִיצִיאַת מִצְרָיִם.
 כִּי בָנוּ בְּחַרְתָּ, וְאוֹתָנוּ קִדְּשָׁתָּ
 מִכָּל הָעַמִּים.
 וְשִׁבֹת קֹדֶשְׁךָ
 בְּאַהֲבָה וּבְרָצוֹן הִנְחַלְתָּנוּ.
 בָּרוּךְ אַתָּה, יי, מְקַדֵּשׁ הַשַּׁבָּת.

PRAISE TO YOU, Adonai our God, Sovereign of the universe,
 Creator of the fruit of the vine.

Praise to You, Adonai our God, Sovereign of the universe
 who finding favor with us, sanctified us with mitzvot.
 In love and favor, You made the holy Shabbat our heritage
 as a reminder of the work of Creation.
 As first among our sacred days, it recalls the Exodus from Egypt.
 You chose us and set us apart from the peoples.
 In love and favor You have given us Your holy Shabbat as an inheritance.

Praise to You, Adonai, who sanctifies Shabbat.

בָּרוּךְ אַתָּה, יי, מְקַדֵּשׁ הַשַּׁבָּת.
 Baruch atah, Adonai, m'kadeish HaShabbat.

FRIDAY EVENING SERVICE
RABBI CALLS UP STUDENT

BEGIN
HERE

בָּרוּךְ אַתָּה, יי
 אֱלֹהֵינוּ, מֶלֶךְ הָעוֹלָם,
 אֲשֶׁר בְּדַבְּרוֹ מַעְרִיב עֲרָבִים,
 בְּחָכְמָה פּוֹתַח שְׁעָרִים,
 וּבִתְבוּנָה מְשַׁנֶּה עֵתִים
 וּמַחְלִיף אֶת הַזְּמַנִּים,
 וּמְסַדֵּר אֶת הַכּוֹכָבִים
 בְּמִשְׁמְרוֹתֵיהֶם בְּרַקִּיעַ כְּרָצוֹנוֹ.
 בּוֹרֵא יוֹם וְלַיְלָה,
 גּוֹלֵל אוֹר מִפְּנֵי חֹשֶׁךְ
 וְחֹשֶׁךְ מִפְּנֵי אוֹר,
 וּמַעְבִּיר יוֹם וּמַבִּיא לַיְלָה,
 וּמַבְדִּיל בֵּין יוֹם וּבֵין לַיְלָה,
 יי צְבָאוֹת שְׁמוֹ.
 אֵל חַי וְקַיִם,
 תָּמִיד יִמְלֹךְ עָלֵינוּ לְעוֹלָם וָעֶד.
 בָּרוּךְ אַתָּה, יי, הַמַּעְרִיב עֲרָבִים.

פָּרָח
 מַעְרִיב עֲרָבִים
 אֲהַבַת עוֹלָם
 שְׁמַע
 וְאַחֲבָה
 לְמַעַן תִּזְכָּר
 אֶמֶת וְאַמוּנָה
 מִי־כַמְכָה
 הַשְׁכִּיבֵנוּ
 וְשִׁמְרוּ

BLESSED are You, Adonai our God, Ruler of the universe,
 who speaks the evening into being,
 skillfully opens the gates,
 thoughtfully alters the time and changes the seasons,
 and arranges the stars in their heavenly courses according to plan.
 You are Creator of day and night,
 rolling light away from darkness and darkness from light,
 transforming day into night and distinguishing one from the other.
Adonai Tz'vaot is Your Name.
 Ever-living God, may You reign continually over us into eternity.
 Blessed are You, Adonai, who brings on evening.

Select one
 English reading
 from p. 30 or
 31: A, B, or C

בָּרוּךְ אַתָּה, יי, הַמַּעְרִיב עֲרָבִים.
 Baruch atah, Adonai, hamaariv aravim.

יי צְבָאוֹת *Adonai Tz'vaot*: this is one of many names that help elucidate God's attributes.
 God designs, creates and arranges the universe with order and purpose.

The darkness of the first day differed from the darkness that preceded creation. The root of
 מַעְרִיב *maariv* can also mean "mix," suggesting God mixed light into the primordial darkness.
 The tiniest spark of light can transform darkness.

Bar'chu

Maariv Aravim

Ahavat Olam

Sh'ma

V'ahava

L'maan tizk'ru

Emet Ve-Emunah

Mi Chamochah

Hashkiveinu

V'shamru

B

PRAISE to You, Adonai our God,
 from whom the evening flows.
 Your wisdom sets the way on which time and season glide;
 Your breath guides the sail of the stars.
 Creator of the tide of time and light,
 You guide the current of day into night.
 As heaven spans to infinity,
 You set its course for eternity.
 Praise to You, Adonai our God,
 from whom the evening flows.

בָּרוּךְ אַתָּה, יי, הַמַּעֲרִיב עֶרְבִים.

Baruch atah, Adonai, hamaariv aravim.

C

THIS IS AN HOUR of change.
 Within it we stand uncertain on the border of light.
 Shall we draw back or cross over?
 Where shall our hearts turn?
 Shall we draw back, my brother, my sister,
 or cross over?
 This is the hour of change, and within it,
 we stand quietly
 on the border of light.
 What lies before us?
 Shall we draw back, my brother, my sister,
 or cross over?

בָּרוּךְ אַתָּה, יי, הַמַּעֲרִיב עֶרְבִים.

Baruch atah, Adonai, hamaariv aravim.

I know that the tide is not an independent force, but merely the submission of the water to the movement of the moon in its orbit. And this orbit in its turn is subject to other orbits which are mightier far than it. And so the whole universe is held fast in the clinging grip of strong hands, the forces of Earth and Sun, planets, and comets, and galaxies, blindly erupting forces ceaselessly stirring in ripples of silence to the very depth of black space. *Amos Oz*

Pick one English reading on P. 32 or 33: A, B, or C

AHAVAT OLAM

beit Yisrael amcha ahavta,
Torah umitzvot,
chukim umishpatim, otanu limad'ta.
Al kein, Adonai Eloheinu,
b'shochbeinu uv'kumeinu
nasiach b'chukecha,
v'nismach b'divrei Torat'cha
uv'mitzvotecha l'olam va-ed.
Ki heim chayeinu v'orech yameinu
uvahem neh'geh yomam valailah.
V'ahavat'cha
al tasir mimenu l'olamim.
Baruch atah, Adonai,
ohav amo Yisrael.

SKIP
HEBREW

אהבת עולם
בית ישראל עמך אהבת,
תורה ומצוות,
חוקים ומשפטים, אותנו למדת.
על כן, יי אלהינו,
בשכבנו ובקומנו
נשיח בחוקיך,
ונשמח בדברי תורתך
ובמצותיך לעולם ועד.
כי הם חיינו וארך ימינו
ובהם נהנה יומם ולילה.
ואהבתך
אל תסיר ממנו לעולמים.
ברוך אתה, יי,
אוהב עמו ישראל.

ברכו
מעריב ערבים
אהבת עולם
שמע
ואהבת
למען תזכרו
אמת ואמונה
מרכמך
השכיבנו
ושמרו

A

EVERLASTING LOVE You offered Your people Israel
by teaching us Torah and mitzvot, laws and precepts.
Therefore, Adonai our God,
when we lie down and when we rise up,
we will meditate on Your laws and Your commandments.
We will rejoice in Your Torah for ever.
Day and night we will reflect on them
for they are our life and doing them lengthens our days.
Never remove Your love from us.
Praise to You, Adonai, who loves Your people Israel.

ברוך אתה, יי, אוהב עמו ישראל.
Baruch atah, Adonai, ohav amo Yisrael.

Bar'chu

iv Aravim

Ahavat Olam

Sh'ma

V'ahava

L'maan tizk'ru

Emet Ve-Emunah

Mi Chamochah

Hashkiveinu

V'shamru

B

AS YOU TAUGHT TORAH

to those whose names I bear,
teach me Torah, too.

Its mystery beckons,
yet I struggle with its truth.

You meant Torah for me:
did You mean the struggle for me, too?

Don't let me struggle alone;
help me
to understand,
to be wise, to listen, to know . . .
Lead me into the mystery.

בָּרוּךְ אַתָּה, יְיָ, אֱלֹהֵי עַמּוֹ יִשְׂרָאֵל.

Baruch atah, Adonai, ohev amo Yisrael.

C

WISDOM AND WONDER,

passion and instruction,
story and symbol.

All these things
Your Torah gives to us.

And the more we devote ourselves to it,
the more it grows and gives.

What could be a truer token
of Your abiding love

than this holiest of Your works,
and the living language
that gives it form?

בָּרוּךְ אַתָּה, יְיָ, אֱלֹהֵי עַמּוֹ יִשְׂרָאֵל.

Baruch atah, Adonai, ohev amo Yisrael.

Torah is what God has revealed to us, and what we discern of God: ideas and ideals, laws and mitzvot, our religious heritage. It unfolds our memories of Abraham and Sarah, of Moses and Miriam and the Prophets. It is legislation and explanation, allowing questions that challenge, answers that inspire: all a quest for meaning. It is our way of life, a path for our souls, and the design for a better world. *John Rayner*

שִׁמְעוּ יִשְׂרָאֵל יְהוָה

SING ONLY

שִׁמְעוּ יִשְׂרָאֵל יְהוָה אֱלֹהֵינוּ יְהוָה אֶחָד!

Hear, O Israel, Adonai is our God, Adonai is One!

שִׁמְעוּ יִשְׂרָאֵל *Sh'ma Yisrael...* Hear, O Israel... Deuteronomy 6:4

אֱלֹהֵינוּ יְהוָה אֶחָד

SING ONLY

בָּרוּךְ שֵׁם כְּבוֹד מַלְכוּתוֹ לְעוֹלָם וָעֶד.

Blessed is God's glorious majesty forever and ever.

1) sing

2) "Please be seated. We continue on p. 36."

The enlarged *ayin* at the end of *שמע Shima* (Hear) and the enlarged *dalet* at the end of *אחד echad* (one) combine to spell *עד eid* (witness). We recite the *Shima* to bear witness to the Oneness of God.

בָּרוּךְ שֵׁם כְּבוֹד *Baruch shem kvod*... Blessed is God's glorious... M. Yoma 3:8, inspired by Nehemiah 9:5

וְאֶהְבֶּתְךָ אֶת יְיָ אֱלֹהֶיךָ
 בְּכָל-לִבְבְּךָ וּבְכָל-נַפְשְׁךָ וּבְכָל-
 מְאֹדֶךָ: וְהָיוּ חֻדְבְּרֵי הָאָלֶה
 אֲשֶׁר אֲנֹכִי מְצַוְּךָ הַיּוֹם עַל-
 לִבְבְּךָ: וְשָׁנַנְתָּם לְבָנֶיךָ וְדִבַּרְתָּ
 בָּם בְּשִׁבְתְּךָ בְּבֵיתְךָ וּבְלֻכְתְּךָ
 בְּדַרְךָ וּבְשֹׁכְבְּךָ וּבְקוּמְךָ:
 וְקִשְׁרָתָם לְאוֹת עַל-יָדֶיךָ וְהָיוּ
 לְטֹטְפוֹת בֵּין עֵינֶיךָ: וְכַתַּבְתָּם
 עַל-מְזוֹזוֹת בֵּיתְךָ וּבְשַׁעְרֶיךָ:
 לְמַעַן תִּזְכְּרוּ וַעֲשִׂיתֶם אֶת-
 כָּל-מִצְוֹתַי וְהֵייתֶם קְדוֹשִׁים
 לֵאלֹהֵיכֶם: אֲנִי יְיָ אֱלֹהֵיכֶם
 אֲשֶׁר הוֹצֵאתִי אֶתְכֶם מֵאֶרֶץ
 מִצְרַיִם לִהְיוֹת לְכֶם לֵאלֹהִים
 אֲנִי יְיָ אֱלֹהֵיכֶם:

בְּרָכוּ
 מְעַרְבֵי עֲרָבִים
 אֶהְבֶּת עוֹלָם
 שְׁמַע
 וְאֶהְבֶּת
 לְמַעַן תִּזְכְּרוּ
 אֲמֹת וְאֲמוֹנָה
 מִי-כִמְכַח
 הַשְׂפִּיבֵנו
 וְשִׁמְרוּ

YOU SHALL LOVE Adonai your God with all your heart,
 with all your soul, and with all your might.
 Take to heart these instructions with which I charge you this day.
 Impress them upon your children.
 Recite them when you stay at home and when you are away,
 when you lie down and when you get up.
 Bind them as a sign on your hand and let them serve as a symbol on your forehead;
 inscribe them on the doorposts of your house and on your gates.

Select either
 English reading
 A or B on
 p. 36 or 37.

Thus you shall remember to observe all My commandments
 and to be holy to your God.
 I am Adonai, your God, who brought you out of the land of Egypt to be your God:
 I am Adonai your God.

יְיָ אֱלֹהֵיכֶם אֱמֶת.
 Adonai Eloheichem EMET.

For those who choose: At the end of the שְׁמַע *Sh'ma*, after the words אֱלֹהֵיכֶם *Adonai Eloheichem*, the word אֱמֶת *emet* ("true") is added as an immediate affirmation of its truth.

וְאֶהְבֶּתְךָ *V'ahavta* . . . *You shall love* . . . Deuteronomy 6:5-9

לְמַעַן תִּזְכְּרוּ *L'maan tizkru* . . . *Thus you shall remember* . . . Numbers 15:40-41

Bar'chu

Ariv Aravim

Ahavat Olam

Shima

Vahavta

L'maan tizk'ru

Emet Ve-Emunah

Mi Chamochab

Hashkiveinu

V'shamru

B

LOVE your God with every heartbeat,
 with every breath,
 with every conscious act.
 Keep in mind the words I command you today.
 Teach them to your children,
 talk about them at work:
 whether you are tired or you are rested.
 Let them guide the work of your hands;
 keep them in the forefront of your vision.
 Do not leave them at the doorway of your house,
 or outside your gate.
 They are reminders to do all of My mitzvot,
 so that you can be holy for God.
 I am Adonai your God.
 I led you out of Egypt to become your God,
 I am Adonai your God!

Student sits & participates in
 the rest of the service,
 sitting on bimah.

Judaism is a doing which can be grasped only by the heart. *Julius Lester*

When people come to you for help, do not turn them off with pious words, saying: "Have faith and take your troubles to God!" Act instead as if there were no God, as though there were only one person in all the world who could help — only yourself. *Martin Buber*

Abaye said: Spread the love of God through your actions. If you yourself study and help others to do so, if your business activities are decent and trustworthy, what will people say? "Have you seen the behavior of one who studies Torah? How beautiful! What a fine person!" Thus Isaiah (49:3) taught, "You are My servant Israel. I will be glorified through you." *based on Yoma 86a*